



Oxford
Mindfulness
Centre

Confirmation of Attendance

8-Weekly Sessions MBCT Course - Mondays - 1800-2000
8 October 2018 - 26 November 2018
6:00 - 8:00

Jose Fiallegas-Hamp

Attended the above course

Taught by:
Merran Barber
Marie Johansson

Sharon Hadley
Chief Executive Officer
Oxford Mindfulness Foundation

Please note this attendance does not qualify the participant to teach mindfulness courses